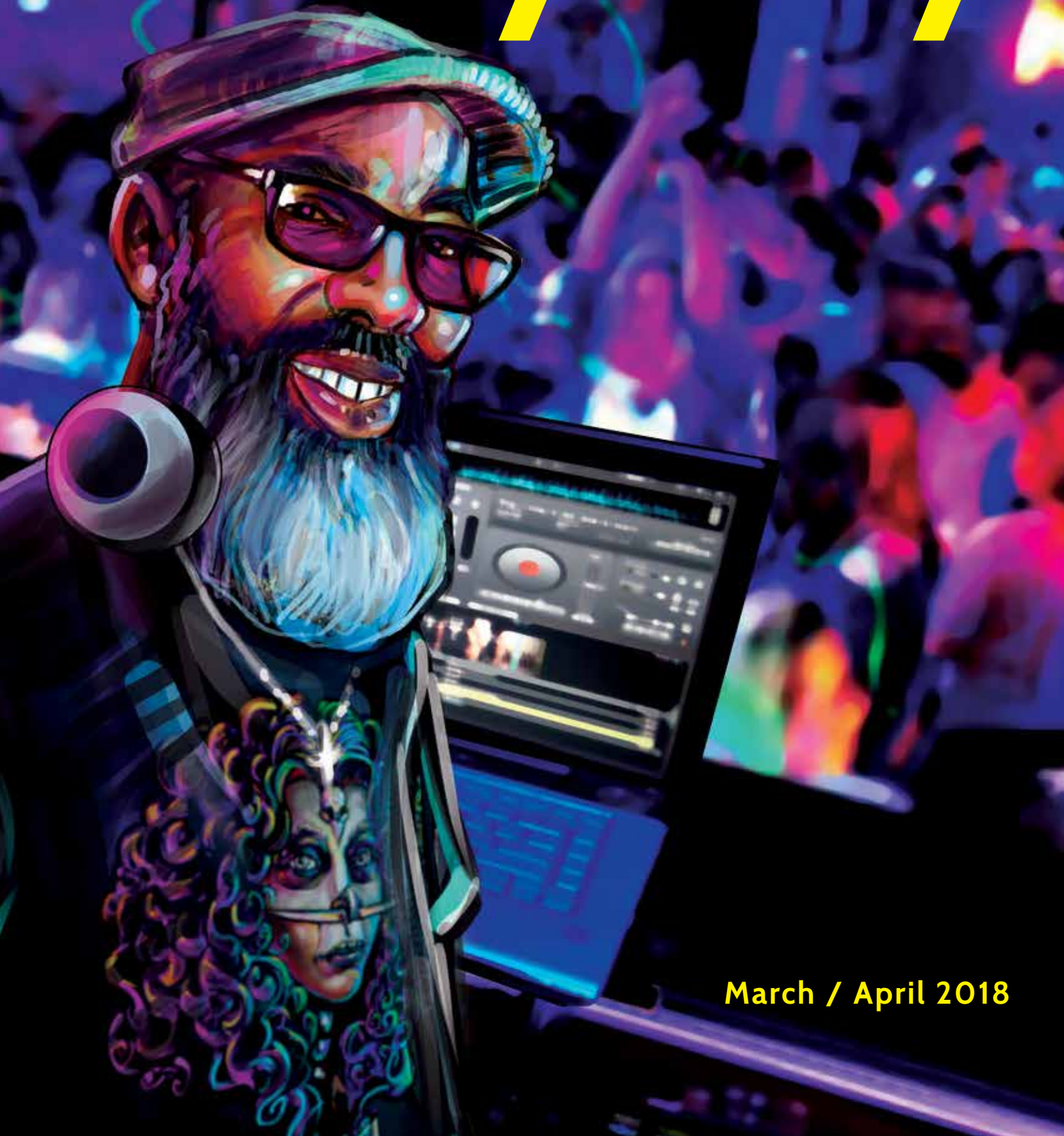


My City



March / April 2018

Letter From The Editor

March / April 2018

Hi Charlotte,

Happy Spring to you all. In this issue of My City Magazine, Mandi English introduces you to the event SHiFT Charlotte and, if you didn't already know the Reverend of the Earhole, we talk good about Anthony Smitty Smith (DJ That Guy Smitty). Each installment features Martin "the Clown" Barry's advice column and his comic strip Micro Monsters. We thought you should see our farms and farmers markets list and learn a little about the Hindu Center of Charlotte via guest writer Gideon Smith. Our pet(s) profile should be quite the crowd pleaser via Jude Salinas' farm and we show you Emily Walters' jewelry of Em & Lu. We hope you enjoy this issue and thank you for reading. Don't forget to check out the exhaustive event listing inside and subscribe to our biweekly newsletter by emailing 'subscribe' to ellengurley@gmail.com.

Enjoy today and every day,
Ellen Gurley and the other My City Magazine personalities



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Hire him for your next commission or event (he does live art).

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This cover features DJ That Guy Smitty.

Contributors this Issue



Owner / Editor



Cover Illustrator



Columnist / Comics



Designer



Columnist



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Po Boy's Low Country Seafood Market

Stop in to see John "the Greek" at Po Boy's for lunch or to take-out some fish to prepare yourself.

Red Snapper, Black Bass, Whole Flounder, Porgies, Bream, White Perch, Catfish & Whiting are always on hand, with the occasional Pan Trout & Red Argentine Shrimp.

A trusted establishment for Regular, Salt & Pepper or Cajun Gator, Low Country Boil, Grilled Salmon, Frog Legs and the ravenous Sausage and Shrimp Gumbo!

They have everything to make you feel good any season of the year or to meet any of your catering needs.



Contents

Letter from the Editor	2
Contributors	3
Shift Charlotte	5
Farms & Farmers Markets	8
Ask The Clown	10
That Guy Smitty	11
The Hindu Center of Charlotte	12
Events in Your City	14
Micro Monsters	19
Pet Profile	20
Em & Lu	22

For over a decade, SHiFT Charlotte has been making waves of consciousness in the world of forward-thinking people in the Central Carolinas. SHiFT Charlotte was designed to be a day for people brave enough to harness the collective power of our city's visionary speakers, teachers, healers, readers and practitioners toward improving their own body, mind and spirit; a day for people who get lit up by the excitement and deep value of an immersive day-long experience, exploring life-changing holistic, alternative and integrative practices; and a day for people who enjoy making new like-minded friends that share your same values, aspire to your same ideals, and call your same city "home."

Shift Charlotte

By: Mandi English



On Saturday, the main event, you get to pick 5 workshops among the 8 choices and the biggest problem you should have across the day is figuring out which of these amazing experiences you want to attend. There is an extensive list of speakers offering their workshops all day and if you also want to grow your consciousness and meet new people while expanding your network, there is an entire conference floor filled with over 100 local vendors including healers, health practitioners, intuitives, body workers, food, beverages, crystals, hand-made goods, and so much more.

This year they have added a complimentary energy healing area, giving everyone a great opportunity to experience energy healing; it is a treat that cannot be beat. If Intuitive readings are of interest to you, 25 of our local readers are available to choose from for a session. Just a moment with these individuals can be transformational for your life. There is also an entire complimentary area sponsored by Gumbo/Okra devoted to introducing those coming to aromatherapy to complete the experience.

SHiFT Charlotte's main passion is to host our local premier leaders in their own fields on their two stages. Their speakers cover all aspects of health and lifestyle, promote empowerment, and educate you on holistic wellness, alternative healing, and intuitive integrative practices. This year, the creators of the event have brought in a whole new set of innovators. The list of speakers all bring synonymous messages to lead you into alignment with your true self.

Christine Alexandria is a highly sought-after Angel Intuitive, an award-winning inspirational author, and the founder of Angel Chatter™. She is committed to her mission of inspiring and strengthening people across the globe. As an empath, Christine has always known what others are going through and, utilizing her compassion and angelic connection, she has been able to lovingly share the angel's joy for all with such humor that most don't realize they are learning and healing at all.

Linda Backes created her business, A Radiant Light for Body, Mind & Spirit, as a beacon to remind us that, as spiritual beings, our unique divine nature shines through in all aspects of human life.

Linda's own awakening occurred some twenty years ago, when she survived a health challenge. Stepping forward as an Alchemical High Priestess, Linda now teaches the process of co-creating with the natural forces of earth. She shares the basic tenet that, above all, we must be true to ourselves and honor our bodies as the spiritual temples that they are. Through the Priestess Process, Linda calls forth women, drawn to the reawakening of the goddess within, and to balance Divine Masculine and Divine Feminine energies.

Emily Bennington is the Executive Director of the Circle of Atonement and the publisher of the Complete Edition (CE) of the Spiritual Classic, A Course in Miracles. Founded by Robert Perry in 1993, the Circle of Atonement helps students understand the Course's thought system as a means for spiritual awakening. At the Circle, Emily leads initiatives - including the Course Companions global online learning community - that bridge the Course's profound and unparalleled wisdom with practical application. Her work grows out of a shared commitment to be as faithful as possible to what A Course in Miracles says, years of dedication to walking this path, and a desire to see the Course's purpose realized in the lives of students and in the world.

Brooks Haislip is a lover of life, her family, and her tribe. She has been teaching yoga, meditation, mindfulness practices, and women's spirituality for more than twenty years, was a full-time massage therapist, has practiced intuitive healing, did some spiritual mentoring, and is a Breathwork Wellness Educator. She is RYT-500 and is grateful to have been a Certified Anusara Yoga Teacher for many years. She has completed Core Vitality training and has received her Professional Certificate from Berkeley's Greater Good Science Center for The Power of Awareness Mindfulness Training with Tara Brach and Jack Kornfield. She has also completed Mindfulness Fundamentals, Mindful Educator Essentials, and Mindfulness for Difficult Emotions through Mindful Schools. Furthermore, Haislip is a Certified Guide for The Red Boot Coalition, which is a non-profit organization that serves to provide brave places for all people to practice honest sharing and compassionate listening.

Dr. David Hamilton (preferably, 'Dr. Dave') specializes in botanical medicine, family medicine, pain management, and clinical nutrition. He treats a variety of different conditions ranging from the common cold to fertility issues; including

implementing the tools of yoga and meditation. This work led Sarah to the coaching field and the opportunity to connect with and support her clients, leading them to more fulfilling lives both personally and professionally. As Luscious Mother,



pre and post natal care, Lyme's disease, hypertension, diabetes, thyroid disorders, autoimmune conditions, gastrointestinal disorders, anxiety, depression, eczema, and psoriasis. Dr. Dave received his doctorate of Naturopathic medicine from Southwest College of Naturopathic Medicine in Tempe, AZ and co-owns a small urban homestead with an emphasis on "Food as Medicine".

The farm is home to chickens, Nigerian Dwarf dairy goats, a pot belly pig named Sadie, and medicinal herb garden beds. Dr Dave believes that herbs are a natural alternative to pharmaceuticals, given their well-established tradition of use and ease of assimilation by our bodies. Dr. Dave uses the energetic and medicinal properties of plants to enhance and individualize treatment to promote health and wellness.

Sarah is passionate about partnering with her clients to manage priorities, balance time commitments, and increase productivity. Her down-to-earth approach, focus on personal development, and encouragement of professional growth are just what you need to make the shifts necessary for long-lasting change.

Michelle Payton A., D.C.H., began to better understand the importance of targeting interests and needs of individuals through writing and in some of her creative pursuits in corporate America in the '80's. At that time, mind, body, and soul health became more of a "thing", so she decided to strike out on her own as a Wholistic Professional and Writer. Asheville is where she established a successful wholistic and integrative practice. This is where she began many of her collaborations that focused on clients, students, and communities finding their voices. In



Sarah Olin, more affectionately known as "Luscious Mother", is a world-renowned Life Coach for moms. She works with people across the globe who crave fulfilling lives and amazing relationships with their children, their partners, and, most importantly, themselves. Sarah has a background in Communications and Women's Studies. While living in NYC, she began Relax Already, a company dedicated to helping people work better and feel better in the corporate environment through

addition to her private practice, Michelle founded the Asheville Area Wholistic & Integrative Professionals, supporting nearly 1,000 professionals, and she is also a college instructor specializing in English Studies and College Transfer Success.

Austin Shook was born and raised in Charlotte NC. He has been on his spiritual path since a young age and describes himself as a Vibrational Medicine Man.

Austin loves to learn and takes advantage of the opportunity to do so in many environments he finds himself.

Through his journey, he has dedicated his life to the service of others. Austin has been trained and attuned to Reiki Master. His connection to source allows very high vibrations and pure energy to be directed into the energetic centers. This provides space and energy for you to explore, find, and release any negative thought forms that you might be holding onto in your body.

Andrew Simmons is a multi-instrumentalist and sound therapist who has a deep love for anything involving music. His journey started with four years of music theory and guitar training beginning at the age of 13. He is also a singer / songwriter and a music composer, specializing in kirtan at Satsangs. He can also play the piano, harmonium, a variety of flutes, hand drums and more.

If you want to extend your weekend or if Saturday doesn't work out for you, a special treat has been added this year. On Friday March 23rd, they are featuring a pre-event kick-off workshop called The Joy of Intentional Creation that includes a decadent dessert bar provided by Nourish, of course, and Craft Cakes CLT hosted by the illustrious leaders in the field of Coaching, Health and Wellness; Sheila Kilbane, MD, Dr. Matt Lyon, and Kristen Oliver. SHiFT Charlotte allows you to become completely immersed in the holistic, integrative, and alternative experiences that Charlotte has to offer. The most impressive part is that not only do you get the opportunity to experience a completely transformational event, but it is also incredibly affordable. Full day tickets to the workshops and vendor floor on Saturday are priced at \$35 for the conference and Fridays kickoff special event is \$35. Combo tickets are \$60 and there are also VIP options available. Get your tickets online as prices go up at the door. I'll be there. It is truly a life changing and incredible event not to be missed.

Sat., March 24th @ Oasis Shriners, 604 Doug Mayes Pl., Charlotte, NC 28262
Tickets \$35 Friday / \$35 Saturday / \$60 Combo online (\$50 each at the door)

www.ShiftCharlotte.com
[www.Facebook.com/ShiftCharlotte](https://www.facebook.com/ShiftCharlotte)
[www.Instagram.com/Shift_Charlotte](https://www.instagram.com/Shift_Charlotte)
[www.Twitter.com/ShiftCharlotte](https://www.twitter.com/ShiftCharlotte)

NoDa Super Flea #6

NoDa Company Store | 3221 Yadkin Avenue



Saturday, April 21st (10am to 3pm)

- Supah Comics (comic books, action figures, etc.)
- Linda Vista (art, vintage items, etc.)
- momUmental Designs (greeting cards) / My City Magazine
- Jerry McQuay (art)
- The Renegade Pearl Body Arts (collectibles, handmade goods)
- Beads & Bristles (jewelry)
- Jazzbirdie (vintage items)
- Em & Lu Jewelry by Emily Walters
- Very Good Hubcaps (collectible hubcaps & vintage sneakers)
- Urbanzue (vintage items, art)
- Jas The High Priestess (Tarot card readings, crystal healing jewelry, handmade oils & scrubs)
- The Bonsai Guy
- Bluebird Record Supply
- Holly Brewster (vintage clothing, accessories, fabric, home goods, records, & homemade repurposed vintage prototype jewelry)
- Emily Scott (paintings)
- Diggers Delight (vinyl)
- By Chance Creations (art)
- Jason Wilkins (garage sale type items)
- TRNK JWLZ 1981 (clothing)

3rd Saturday of Every Month (parking lot)
Event/Vending Questions: Ellen Gurley | (704) 575-6611 | ellengurley@gmail.com

Dianna Brown

@TheRenegadePearlOfCharlotte



info@therenegadepearl.com

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Farms & Farmers Markets

MY CITY MAGAZINE FARMERS MARKET LIST:

7th Street Public Market, 224 E.7th St., www.7thStreetPublicMarket.com
Atherton Market, 2104 South Blvd., www.AthertonMillAndMarket.com (Tuesdays, Wednesdays, Saturdays)
Belmont Farmers Market, 6 N.Main St., Belmont
Bradford Store, the 15915 Davidson-Concord Rd., Huntersville, www.TheBradfordStore.com
Charlotte Regional Farmers Market, 1801 Yorkmont Rd., <http://www.ncagr.gov/markets/facilities/markets/charlotte> May-Sept. daily except for Mondays
Columbus Tailgate Market Courthouse Square, www.PolkCountyFarms.org
Common Grounds, 119 Huntley Pl., Charlotte, www.CommonGroundsFarmStand.org
Conover Farmers Market, www.ConoverFarmersMarket.org
Cotswold Farmers Market, 309 S.Sharon Amity, www.CotswoldFarmersMarket.com, May-Oct. Saturdays 8am-12pm
Cramerton Farmers Market, www.Cramerton.org
Crossroads Regional Farmers Market 1551 E.Broad St., Statesville, www.CrossroadsRegionalFarmersMarket.org
Davidson Farmers Market, 120 S.Main St., Davidson, NC, www.DavidsonFarmersMarket.org (Saturdays 8am-noon)
Denvers Farmers Market, 3633 Hwy. 16 N., Denver, NC, www.LincolnCountyFarmersMarket.com
Elkin Farmers Market, 226 N.Bridge St.
Foothills Farmers Market, Shelby, NC, www.FoothillsFarmersMarket.com
Gastonia Farmers Market, 410 E.Long Ave., Gastonia, www.GastoniaFarmersMarket.com
Herb-N-Produce Stand, 4245 Rea Rd., 704-560-9231
Hickory Farmers Market, 231 Government Ave. SW, Hickory, NC, www.HickoryFarmersMarket.com
Highland Creek Farmers Market, 6213 Bell's Bill Dr., www.HighlandCreekFarmersMarket.com Apr.-Oct. Wednesdays 3-7pm
Huntersville Farmers Market, 103 Maxwell St., Huntersville, NC, www.Huntersville.org May-Oct. Saturdays 8am-12pm
Josh's Farmers Market, 189 Williamson Rd., Mooresville
Kings Drive Farmers Market / Simpson's Produce, 939 S.Kings Dr., 704-332-6366, Tuesdays, Fridays, Saturdays
Lincolnton Market, 225 W.Water St., Lincolnton, NC, www.LincolnCountyFarmersMarket.com
Lowell Farmers Market, www.LowellNC.com
Matthews Community Farmers Market, 188 N.Trade St., Matthews, NC, www.MatthewsFarmersMarket.com, Saturdays
Mecklenburg County Market, 1515 Harding Pl., www.MecklenburgCountyMarket.com
Meeting Street Market @ Cedar Walk, 9612 Longstone Ln., www.MeetingStreetMarket.com
Mill Hill Farmers Market, 7601 Matthews-Mint Hill Rd., Mint Hill, NC, www.MintHillHistory.com
Mooresville Rotary Farmers Market, 150 S.Church St., Mooresville, NC, 704-451-9190
Mount Airy Farmers Market, 218 Rockford St., Mount Airy, www.SurrYarts.com
Mount Holly Farmers Market, 130 S.Main St., Mount Holly
Newell Farmers Market, 1704 Rocky River Rd., 704-578-1415, www.NewellFarmersMarket.com
NoDa Farmers Market www.NoDaFarmersMarket.com @ NoDa Company Store 3221 Yadkin Ave., 980-859-0441, www.TheCompanyStoreNoDa.com, Saturdays 9am-12pm all seasons
North Mecklenburg Farmers Market, 700 N.Tryon St., 704-336-2561
Pickles Farmers Market, 136 E.36th St.
Piedmont Farmers Market, 518 Winecoff School Rd., Concord, NC, www.Piedmont-FarmersMarket.com
Pilot Mountain Farmers Market, 206 E.Main St., Pilot Mountain, www.Surry.ces.ncsu.edu
Pineville Farmers Market, 300 Main St., Pineville, www.TownOfPineville.com, Saturdays 8am-12pm
Plaza-Midwood Farmers Market, 2007 Commonwealth Ave., 704-794-2033
Poplar Ridge Farm Stand, 1619 Waxhaw-Indian Trail Rd., Waxhaw, www.PoplarRidgeFarmNC.com
Providence Produce #1 10636 Providence Rd., #2 11252 Lawyers Rd., #3 3116 Old Monroe Rd. #4 1316 Providence Rd. S., www.ProvidenceProduce.com
Rock Hill Old Town Market, 121 Caldwell St., Rock Hill, www.OnlyInOldTown.com/Market
Salisbury Farmers Market, www.SalisburyMarket.com
Shamrock Farmers Market, 1501 Eastway Dr., Charlotte
Selwyn Farmers Market, 3100 Selwyn Ave., Wednesdays 3-7pm
Sow Much Good Urban Farm & Market, 3400 Sunset Rd., 704-947-6842, www.SowMuchGood.org
Stanly County Farmers Market, 100 Railroad St., Albermarle, www.AlbermarleDowntown.com
Statesville Evening Farmers Market, 134 N.Center St., www.TheEveningFarmersMarket.com
Statesville Rotary Farmers Market, 131 E.Sharpe St., www.StatesvilleRotary.org
Union County Farmers Market, 802 Skyway Dr., Monroe, NC
Wallace Community Tailgate Market, 11202 Harris Rd., Huntersville
Waxhaw Farmers Market, 116 McDonald St., Waxhaw, www.WaxhawFarmersMarket.org, Saturdays 9am-1pm
Wedgewood Farmers Market, 4800 Wedgewood Dr., www.WedgewoodFarmersMarket.com
Winecoff Market, 518 Winecoff School Rd., Concord
Yadkin Farmers Market, 1230 Tennessee St., Yadkinville
York Tailgate Market, 802 E.Liberty St., York, www.YorkTailgateMarket.blogspot.com

MY CITY MAGAZINE FARM LIST:

A Way of Life Farm, www.AWayOfLifeFarm.com
Allee 'Bubba, 3600 Wendy Ln., Concord
Apple Orchard Farm & Cider Mill, 2075 Pleasant Hill Ave., Morganton, NC 28655, 828-437-1224, www.AppleOrchardFarmNC.com (apple picking August-November / stores & stands August-December / closed Sundays)
Aw Shucks, 3718 Plyer Mill Rd., Monroe, NC, 704-709-7000, www.AwShucksFarms.com (Pick-Your-Own Pumpkin : FALL)
Bame, 1585 Patterson Rd., Salisbury
Barbee, 1000 Shelton Rd., Concord, 980-521-1395 (Mon.-Fri. 9am-3pm)
Beam Family Farms, 5200 Seven Pines Rd., Lawndale
Big Oak Farm, 6565 Beaver Rd., Kannapolis
Bountiful Harvest Farm, www.BountifulHarvestFarmNC.com
Burton Farms, Vale, NC, www.Facebook.com/BurtonFarms
Bush-N-Vine Farm, 803-684-2732, www.BushNVine.com (fall corn maze, Pick-Your-Own Pumpkin & hayrides)
Carrigan Farms, 1261 Oak Ridge Farm Hwy., Mooresville, NC, 704-664-1450, www.CarriganFarms.com (Strawberry picking May / apples in Sept. / FALL : Pick-Your-Own Pumpkin)
Coddle Creek Farms, 2200 Coddle Creek Hwy., Mooresville, 28115, 704-402-8885 (Wed.-Sat. 10am-6pm)
Coldwater Creek, 2151 Bethlehem Church Rd., Gold Hill, www.ColdwaterCreek.com
Commonwealth Farms, 704-756-4948, FB: Commonwealth Farms
Cotton Hills Farm, 2575 Lowrys Highway, Chester, SC 29706, 803-581-4545, www.CottonHillsFarm.com (strawberry picking thru April / peaches June-Sept. / pumpkins FALL)
Cottonmill Mushroom Farm, 414 N.Meriah St., Landis
East of Eden, 8300 McIlwaine Rd., Huntersville
Fading D Farm, 295 Fading D Farm Rd, Salisbury, 28144, 980-330-8189 (Saturdays 3-6pm)
Gilcrest Natural Farm, 1164 Lowes Ln., Iron Station
Good Karma Ranch Alpacas, 1041 Brevard Place Rd., Iron Station
Grateful Growers, 3006 Mack Ballard Rd., Denver, www.GGFarm.com
Hall Family Farm, 10713 Providence Rd. W., 704-562-4021, www.HallFamilyFarm.com (strawberry picking Apr.-June / FALL : Pick-Your-Own Pumpkin)
Happy Hills Alpaca Farm, 708 Winding Brook Rd., Monroe
Hickory Nut Gap, www.HickoryNutGapFarm.com
Hodges Farm, 3900 Rocky River Rd., 704-494-0107, www.HodgesFarmNC.com (FALL : Pick-Your-Own Pumpkin)
Hoffner Organic Farms, 1030 Kerr Mill Rd., Mount Ulla
Hunter Farm, the, 13624 Providence Rd., Weddington, NC 704-846-7975, www.theHunterFarm.org (FALL : Pick-Your-Own Pumpkin & hayrides)
Lewis Farm, 3330 Lewis Rd., Gastonia, NC, 704-842-1208, www.LewisFarm.org (FALL : Pick-Your-Own Pumpkin)
Linwell Farms, 704 E. 36th St., 28205, 704-906-1705, www.LinwellFarms.com (not open to the public)
M & M Farms, 7208 Alexander Farm Rd., Monroe, NC 28110, 704-574-9200 (strawberry picking May-June)
Mary L. Farm, 155 Parker Loop, Mount Ulla, NC 28125, 704-664-1687, www.MaryLFarm.com
McCurry's Blueberry Farm, 735 Wise Rd., Lincolnton, NC 28092, 704-735-0338 (blueberry picking June-Aug.)
Mills Family Farm, 284 Barfield Rd., Mooresville
Patterson Farm, 3060 Millbridge Rd., China Grove, NC, 704-857-5242, www.PattersonFarmINC.com (FALL : Pick-Your-Own Pumpkin)
Poplar Ridge Farm, www.PoplarRidgeFarmNC.com
Regal Farm, www.RegalFarm.com - corn maze
Riverbend Farm, 12150 McManus Rd., Midland, 704-888-2891, www.RiverbendFarm.net (FALL : Pick-Your-Own Pumpkin)
Shady Oaks, 3487 Yount Rd., Newton
Small City Farm, 704-962-1025, Kim@SmallCityFarm.com
Summerberry Farm, 3430 Rimer Rd., Concord, NC 28025, 704-721-0670 (blackberry picking June-July / closed Sundays)
Tega Hills Farm, 1780 Zoar Rd., Fort Mill, 803-370-4466 (Mon.-Fri., 10am-5pm)
Two Moons Family Farms, 2263 Hwy 218 East, Polkton, NC 28133, www.TwoMoonsFamilyFarms.com
Underwood Family Farms, 917 Oak Grove Cloverhill Church Rd., Lawndale, uffarms@aol.com
Whispering Hope Farm, 704-674-8911, Gastonia, www.WhisperingHomeFarm.com
Wild Acres Organic Farm, 4701 Hartis Rd., Indian Trail, 28079, 704-628-6232 (Thurs.-Sun. 10am-7pm)
Wild Turkey Farms, www.WildTurkeyFarms.com (not open to the public)
Windy Hill Farms, Orchard & Cider Mill, 1860 Black Highway, York, SC, www.WindyHillFarmNC.com
Wise Acres Organic Farms, 4701 Hartis Rd., Indian Trail, 28079, 704-628-6232, www.WiseAcresOrganic.com (Thurs.-Sun. 10am-7pm)



Ask The Clown

*What do I know I'm just a clown?
Advice from Martin "The Clown" Barry*



Q

Dear Clown,

My mother has put her house up for sale and she says she plans to live in a small home or maybe a converted bus to travel the country. While I am all for her taking the time to travel, I am upset, as are my siblings, that the house we grew up in will belong to someone else. We have asked that mom reconsider this, but she is moving forward. Should we plead to stop her?

Sincerely,
One of Three

- - -

A

Dear One of Three,

While I can understand your concern, you must respect the fact that your mother may do as she wishes with her property and assets. Memories hold more value than material possession. Jump in and help make new ones with your mother.

Adventure awaits,
The Clown

- - -

Q

Dear Clown,

My sister has shared a secret with me that could be devastating to our family. I am not at liberty to say what the situation is because I was sworn to secrecy. I am disturbed, however, that something this dark could happen in my family. How can I carry this and be at peace?

Sincerely,
The Brother

A

Dear Brother,

If this situation involves abuse of any kind, please drag it out into daylight for all to see and allow for just punishment. If there is no abuse, you are already doing the correct thing by not violating your sister's trust.

Trust is key,
The Clown

- - -

Q

Dear Clown,

I may have witnessed a colleague violating regulations and breaking the law. I want to escalate this and report it, but I fear that there will be repercussion to face once I do. I enjoy my work and I do not want it to become a hostile environment. Help?

Sincerely,
Suspicious Mind

- - -

A

Dear Suspicious,

If you can confirm or document this violation, then you need to report it. Use methods to make this happen anonymously, if needed. You should never have to fear repercussion. If you feel your case is pretty solid, but cannot document, report and let the matter be investigated. As this matter may break a law, harm is probable and one should always prevent harm

Take a stand,
The Clown

Do you have a question for The Clown? Write him at Martin.Barry@yahoo.com

DJ That Guy Smitty

words & photo: Ellen Gurley

When I started bartending at Café Dada (now the Dish) in 1998, the brunch DJ and I became fast friends. Little did I know he would eventually gift me his entire record collection and a DJ name (LNMENTAL). Setting out to go see his guru (on some undisclosed mountain in India, as I imagined), this much older Buddhist dumped his material possessions and (lucky for myself) a good chunk of his intellectual properties on me (with much of his advice developing and translating into my then budding spoken word poetry pieces). He became my much needed advisor in many facets of life when I was young and full of dumb.

Not only sharing his knowledge, but his family and friends, Michael Tomlin was the embodiment of social and intellectual generosity. One such person he saw fit to share with me was one Anthony “Smitty” Smith, also a graduate of West Charlotte and also fast in the longtime connection department. DJing and growing alongside each other, collecting three marriages, and nine children (including two Logan’s and a set of twins) altogether, we are all still in touch. Smitty is married to the love of his life and is the epitome of dedication. He is the placeholder for oldest, active African-American, local, underground DJ and is respected musically for his productions beyond the project Muchacho. His diversity is as vast as is his abundance.

Having served our country, been consistently dependable and judgment free, and being ordained does not make Smitty holier than thou. He is quite the opposite and very much so down to earth. This man is the Christian whose picture I WISH was in the dictionary accompanying it’s definition. Anyone would be lucky to live in his example. Known as Smitty, raised as Anthony Smith, and booked only as DJ That Guy Smitty, this man will prepare to adopt a new title, as his oldest child presents him with his first grandchild in the spring: Big Papa. Usually found in a studio, building parts for woodwinds, or doing some street ministry, I suggest you find Smitty for some earhole or other life goodness. Thank My City Magazine later.

- Fri., Apr. 20th @ the (new) Crown Station: Mark Farina, That Guy Smitty, Melodious Funk, VonFunkHauser
- 1st & 3rd Fridays @ the Common Market (Plaza-Midwood): That Guy Smitty

www.Facebook.com/DJThatGuySmitty
www.Instagram/ThatGuySmitty
www.Linkedin.com/in/ThatGuySmitty



The Hindu Center of Charlotte

by guest writer: Gideon Smith from www.Cosmic-Rock.com



“The Hindu Center of Charlotte is nestled within a peaceful subdivision off of Independence Blvd. During the 1960’s and 1970’s, many families with ancestral ties in India began to settle in the Charlotte, North Carolina region. By 1981, there were approximately 350 such families in the area. These families felt a need to educate their children about their cultural and religious background. They also felt the need to have an official place of worship. So, in the spring of 1981, a group of Duke Power Co. engineers in cooperation with the local community formed ad-hoc committees to establish the Hindu Center.

While building the temple, groups met at various places, including the YMCA, Bombay Palace (local Indian restaurant), and in the homes of community members. In November of 1981, 2.4 acres of land was purchased. In April of 1982, the foundation stone was laid. On July 24, 1982, construction of the Hindu Center was completed and it was officially inaugurated.

Since that time, the Hindu Center has grown and now owns approximately 9.3 acres of land. Plans and fundraising for further expansion are now in progress. The Hindu Center has had very few problems with zoning or protests by the outside community. They are extremely happy with the community in which the temple is located.

The Hindu Center was built on land purchased by the Hindu community of Charlotte. It is made up of two main sections. One section is used for worship and another for eating and various community activities such as baby showers, birthday parties, wedding receptions, etc. The community has also purchased the house beside the center for the priest. It currently has plans to expand its worship area so that the gods can be in the center of the room and members can circle around the gods (parikrama). Currently, the gods are lined up at the back of the room and members face them, like an audience faces a stage.” – Hindu Center Charlotte.

Hinduism is the widest religion of the people of India and Nepal. It is said by many to be the world’s oldest religion with over nine billion who adhere to its’ beliefs, dating back to over 4,000 years.

Charlotte based teacher Shakti Subramanian says “As for origins, people need to understand that Hinduism is not really the name of the path Hindus follow. The real name is Sanatana Dharma which translates as follows: Sanatana means Eternal and Dharma can mean Path or Duty or Philosophy. There is no creation date for what people call Hinduism. We have no human founder as do other paths. Our path is exceedingly different from what non Hindus may experience. Ask twenty Hindus to write down in detail how they worship and you will get twenty different answers. And yet there is no debate as to who is right or wrong. All are considered to be



part of one giant family. As for the history of how Hinduism became a religion, like I said, there is no human founder. Over the thousands of years oral traditions were passed down and then written onto leaf and then paper, and the result is Scriptures, and we have many.”

Currently construction is underway on the grounds of the Hindu Center for a magnificent new building. “It is not that a new Temple is opening but rather more Temples are being built on the grounds. This is an ambitious undertaking and when completed the sprawling complex will be able to accommodate more people and also be a sight to see. So the location will not change but there will be a great deal more added on the property. There are numerous religious and cultural events that take place at the Hindu Center of Charlotte. There are standard worship services held every day and again many Holy days and cultural events are held throughout the year.”

Subramanian is finishing up a book about his experiences in India and thoughts on Hinduism which will be released this year. The Charlotte Hindu Center is a welcome and bright jewel to Charlotte’s spiritual community.

**You can learn more at the official website for the Hindu Center of Charlotte
www.HCCLT.org and Shakti’s writing on www.LiveDharmaTeachDharma.com**



MARCH / APRIL 2018 EVENTS IN CHARLOTTE

SUNDAYS:

SPORTS / ACTIVITIES:

- www.Hornets.com: 4.01 vs. 76ers 1pm / 4.08 vs. Indiana Pacers 1pm
- www.CharlotteKnights.com : 4.08 @ Norfolk Tides / 4.15 vs. Scranton Wilkes-Barre RailRiders / 4.22 @ Indianapolis Indians
- www.CharlotteCheckers.com : 4.08 vs. Hershey 1pm / 4.15 @ Bridgeport 5pm
- @ Common Market (Plaza-Midwood): 2pm Slow Riders - 15 mile bike ride
- @ Lenny Boy: 12pm run club

BEER / WINE / FOOD:

- @ 300 Restaurant: ½ wine by the bottle
- @ Birdsong Brewing: open 12-8pm + food truck
- @ Free Range Brewery: 1-7pm taproom open
- @ NoDa Brewing Co.: Tap Room open 12-7pm w.Food Truck Tin Kitchen / 3pm tour
- 4.08 1-6pm Mother Shuckin' Oyster Roast in partnership w.Sea Level & collaboration w.Front Street Brewery
- @ Olde Mecklenburg Brewery: open 11am-10pm / tours 2, 3 & 4pm / 2:30pm Bike-In
- @ Sir Edmund Halley's: 1/2 off of wine by the bottle
- @ Triple C Brewing: Curbside Deli (food truck) + bike ride
- @ Zen Fusion: 1/2 price by the bottle (under \$45)

LIVE MUSIC:

- @ Comet Grill: 8pm Omari & the Hellraisers
- @ Petra's: 2nd Sunday - Jazz Workshop & Improv w.John Shaughnessy
- @ the Wine Vault: Jared Allen

- Sun., Apr. 8th @ the Fillmore: Papa Roach
- Sun., Apr. 22nd @ the Evening Muse: Lindi Ortega, Hugh Masterson
- Sun., Apr. 22nd @ the Neighborhood Theatre: Minus the Bear
- Sun., Apr. 29th @ Charlotte Metro Credit Union Amphitheatre: Beck

PLAY OR POETRY READINGS / BOOK SIGNINGS:

- @ Red at 28th: "Soulful Sundays" feat. poets, vocalists, comedians, musicians, DJs w.host J Pragmatic

COMEDY / THEATRE:

- @ the Comedy Zone: 4.08 Dan Cummins / 4.15 Nemr

MUSEUMS / ART:

- @ the Levine Museum of the New South: 1st Sundays free admission / 1/2 off admission (every Sunday thereafter)
- @ the Mint Museum (Uptown): 1-4pm free admission for kids + hands-on art activities, yoga & more

TRADE / INTEREST SHOWS & FESTIVALS:

- Sun., Apr. 29th @ Petra's: 1-4pm Root to Crown Productions Presents: Clothes Swap Spring Edition

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

- @ Lucky's: DJ Mike Soden

Events In Your City

KARAOKE:

- @ Snug Harbor: Bone Snugs-n-Harmony karaoke w.Bryan Pierce

SPEAKERS:

- Sun., Apr. 22nd @ Levine Jewish Community Center: 3:30pm walking tour w.Charlotte historian Dr. Tom Hanchett

MONDAYS:

SPORTS / ACTIVITIES:

- www.CharlotteKnights.com : 3.26 vs. Chicago White Sox / 4.09 @ Norfolk Tides / 4.16 vs. Rochester Red Wings
- @ Sir Edmund Halley's: 7pm Trivia Night
- @ AnyTime Fitness (Matthews): 5:30pm Root to Crown Productions Presents: Vinyasa Yoga w.Mandi
- @ Root to Crown Productions: 6-7pm Insight Into You Meditation w.Kim

BEER / WINE / FOOD:

- @ 300 East Restaurant: ½ wine by the glass
- @ Bonterra: service industry night - 1/2 wine by the glass / Meatball Mondays
- @ Bulldog Beer & Wine (Park Rd.): 6:30 MEAT Up
- @ Lebowski's: 1/2 off bottles of wine
- @ NoDa Brewing Co.: Tap Room open 4-9pm w.Food Truck Tin Kitchen (5pm) / You Drink, We Donate (benefiting a local charity each week) 3.26 2-9pm Cookie + Beer Pairing (Samoan Blonde Brown Ale, Minty Thin Porter, Tagging-a-Long Brown Ale, Lemon Shortbread Kolsch)

LIVE MUSIC:

- @ Bradshaw Social House: open mic
- @ Crown Station: 8:30-10pm Jazz Mondays w.Troy Conn, DC Ocie Davis & more
- @ the Evening Muse: 8pm "Find Your Muse" open mic band night w.guest headliners
- @ the Visulite Theatre: Monday Night Allstars

- Mon., Apr. 23rd @ the Fillmore: Clean Bandit

PLAY OR POETRY READING / BOOK SIGNINGS:

- @ the Rabbit Hole: 8-11pm 1st & 3rd Mondays : "Monocle" : Improv Monday
- @ the Press Box: Avant Elocution w.host Bluz
- @ Petra's: 1st Mondays 7-11pm slam poetry w.hosts Isiah & Grannae's Boys
- @ Tropics: Rhythm & Poetry w.host CFour Black

COMEDY / THEATRE:

- @ the Comedy Zone: stand-up comedy private class / 3.05 Cindy Kaza (the Music City Medium)

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

- @ Growler's Pourhouse: DJ Elon Shomaker
- @ Snug Harbor: Fresh Grounds Presents: "Knocturnal" w.Justin Aswell & friends + Bboy & MC cyphers

@ Soul Gastrolounge: DJ Mookie Brill

SPEAKERS:

• Mon., Apr. 16th @ Knight Theater: 5:30pm Social Venture Partners Present: Seed20 on Stage

TUESDAYS:

SPORTS / ACTIVITIES:

- www.CharlotteCheckers.com : 4.03 vs. Lehigh Valley 7pm
- www.Hornets.com : 4.03 @ Chicago Bulls 8pm / 4.10 @ Indiana Pacers 7pm
- www.CharlotteKnights.com : 4.10 @ Norfolk Tides / 4.17 vs. Rochester Red Wings

@ Hattie's Tap & Tavern: Bingo w.Garin / 1st Tuesdays 7-10pm Beard & Mustache Club of NC monthly meeting www.BMCofNC.com (+ tacos)
@ the Common Market (Plaza-Midwood): 8pm PMTNR 15 mile bicycle ride w.a new route weekly (by Pamela Murray)
@ Olde Mecklenburg Brewery: 6:30 Yoga on Tap
@ Pint Central: 8pm Mindless Minutia Trivia
@ Petra's: 2nd Tuesdays: Drag Trivia w.Lana Cane & Ilean Dover / 4th Tuesdays: Lost Cargo - Tiki Social Club (speciality drinks & exotica music) 8-11pm / last Tuesdays: Buzzed Spelling Bee w.PBR, Old Tankard Ale & Tullamore Dew
@ Move Studio: Root to Crown Productions: 9:30am deep stretch yoga / 10-11am Aire Mediation yoga w.Kim

BEER / WINE / FOOD:

- on WCCB Charlotte: 7-9am Troy's Everyday Eats w.Chef Troy Gagliardo
- @ 7th Street Public Market: 5-7pm the Assorted Table Wine Shoppe Weekly Wine Tasting (\$5, 5 wines + nibbles)
- @ Birdsong Brewing: open 3-10pm / Get Fit Yoga w.NC Yoga Bar 6:30pm \$10
- @ Bonterra: Taco Tuesday
- @ Cornelius Drafthouse & Bottle Shop: 1/2 off wine
- @ Crafty Beer Guys: beer tastings
- @ NoDa Brewing Co.: "NoDable Series" (new beers released in their taproom 4pm) / Tap Room open 4-9pm / Tin Kitchen food truck 5pm
- @ Rhino Market: 1st Tuesdays of the month beer tasting
- @ Sir Edmond Halley's: Latin Tuesdays
- @ Zen Fusion: 1/2 price wine by the glass & select bottles

LIVE MUSIC:

- @ the Comet Grill: Red Rockin' Chair
- @ Dvine: open mic w.Shannon Lee
- @ Morehead Tavern: 8pm Bill Hanna Jazz Jam
- @ Puckett's: open mic w.Jeff Claud
- @ Smokey Joe's: 9pm open mic night w.resident band the Smoking J's
- @ Snug Harbor: 3.27 Patios Counselors, Bike Theifs, Alarm Drum
- Tues., March 27th @ the Fillmore: Dashboard Confessional
- Tues., Apr. 3rd @ the Neighborhood Theatre: Broken Social Scene
- Tues., Apr. 10th @ the Evening Muse: Michael McDermott
- Tues., Apr. 17th @ the Underground: Kamelot

PLAY OR POETRY READINGS / BOOK SIGNINGS:

@ Apostrophe: open mic spoken poetry w.host Sir Abstraxxx

@ Loft & Cellar: Sayword w.host Jst Jah

COMEDY / THEATRE:

@ the Comedy Zone: March Mania Comedy Tournament w.host Will Jacobs

SYMPHONY / OPERA / DANCE:

• Tues., Apr. 17th @ Ovens Auditorium: Beautiful - the Carole King Musical

MUSEUMS / ART:

@ Petra's: 8-11pm Crafty Hour with www.CrownedSparrowCo.com

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

@ Petra's: 1st Tuesdays 8pm-12am Bring Your Own Vinyl Night w.Justin Aswell
@ Soul Gastrolounge: DJ Shanti Moore
@ the Stashe House: DJ DR

WEDNESDAYS:

SPORTS / ACTIVITIES:

- www.CharlotteCheckers.com : 4.04 vs. Lehigh Valley 7pm
- www.Hornets.com : 3.28 vs. Cleveland Cavaliers 7pm
- www.CharlotteKnights.com : 4.11 @ Norfolk Tides / 4.18 vs. Rochester Red Wings
- @ Abari Game Bar: 7pm-12am Overwatch League Wednesdays
- @ Lenny Boy: 6:30pm trivia night
- @ the Spoke Easy: 6pm (pay what you can) Yoga
- @ Stax: 7:30pm Brewga (Yoga then Beer) w.Ashley Masters
- @ the Topsy Burro: 7pm Topsy Trivia w.prizes

BEER / WINE / FOOD:

- @ 300 East Restaurant: 1/2 wine by the bottle
- @ Birdsong Brewing: 3-10pm open / + food truck
- @ Bonterra: 1/2 off wine by the glass
- @ Central Coffee: 15% off of pounds of coffee
- @ the Common Market: 7-9pm Free beer tastings
- @ Burtons Grill & Bar: 1/2 wine by the bottle
- @ Crafty Beer Guys: wine tasting
- @ Dilworth Neighborhood Grill: 1st Wednesdays www.CarolinaBrewMasters.com meeting
- @ Free Range Brewery: 5-11pm taproom open
- @ JJ's Red Hots: kids eat free (w.purchase of an adult combo)
- @ NoDa Brewing Co.: Tap Room open 4-9pm w.Food Truck Tin Kitchen (5pm) / Run Club 6:30-8:30pm
- @ Sir Edmund Halley's: 1/2 off of wine by the bottle
- @ Triple C Brewing: Papi Queso (food truck) + Pilot Batch Release
- @ Zen Fusion: Robert Fernandez + 1/2 price Sangrias

LIVE MUSIC:

@ the Comet Grill: open mic / open jam
@ Petra's: 7:30-9:15pm songwriter open mic
@ Rhino Market: Wak Wednesdays w.Derrick Hines 1st & 3rd w.open mic
@ Smokey Joe's: Rock Fabulous & the Mystery Machine
@ Snug Harbor: March Residency: Chocala / April Residency: Paint Fumes

• Wed., March 28th @ the Fillmore: Miguel
• Wed., Apr. 4th @ the Underground: Eainbow Kitten Surprise
• Wed., Apr. 18th @ Charlotte Metro Credit Union Amphitheatre: the Decemberists

PLAY OR POETRY READINGS / BOOK SIGNINGS:

@ Flo Bar Lounge: 7-10pm Floetry w.host Iz-Real
@ Mugs Coffee: 7:30pm Free the Mic w.host Shane & the Guerilla Poets
@ Red 28th (UNCC): 9pm 1st & 3rd Wednesdays Release Therapy w.host A Poet Named Superman

• Wed., Apr. 11th @ Behailu Academy: Meals, Minds, & Movement (a series of conversations) - Exploring Gender Roles

COMEDY / THEATRE:

@ the Comedy Zone: 4th Wednesdays Blayr Nias' Almost Famous Comedy Show / 3.14 Grandma Lee

TRADE / INTEREST SHOWS & FESTIVALS:

@ Spandex City Comics: 5pm Pokemon league

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

@ Petra's: karaoke w.host Pucci Mane / 1st Wednesdays 10pm Bugalu (patio: Latin vinyl + Lady Go-Go's tortas
@ Snug Harbor: 10pm-2am back: Modern Heritage Weekly Mixtape w.Michael K. Earle & Luke Stemmerman

THURSDAYS:

SPORTS / ACTIVITIES:

• www.CharlotteKnights.com : 4.05 @ Durham Bulls / 4.12 vs. Scranton Wilkes-Barre RailRiders

@ Petra's: 2nd Thursdays - Potions & Pixels (video games & board games)
@ Queen City Bicycles: 6:30pm Tub Ride from there to Birdsong (free 12oz. to those with www.BicycleBenefits.com)
@ Yoga Warrior Studio: 12pm Root to Crown Productions Presents: Moving Meditation & Yoga Flow w.Mandi & Guided Meditation w.Kim Irene Barker / 4pm Root to Crown Productions Presents: Hot Yoga Vinyasa Yoga (96 degrees) w.Mandi
@ Burn Boot Camp (Pineville): 6:45pm Root to Crown Productions Presents: Deep Stretch w.Mandi

BEER / WINE / FOOD:

• www.PBSCharlotte.org: 8:30pm Charlotte Cooks
@ Birdsong Brewing: 3-10pm open / 3pm Thirsty

Thursdays (new releases) / 6:30pm brewery tours
@ Bonterra: Tapas Night & 1/2 all Spanish wines by the glass
@ Bottled & Tapped: 1/2 price wine
@ Jackalope Jack's: meatballs & football night
@ Free Range Brewery: 5-11pm taproom open / 6:30pm yoga
@ NoDa Brewing Co.: Tap Room open 4-9pm w.Food Truck Tin Kitchen (5pm) / 6pm tour
@ Triple C Brewing: Herban Legend (food truck) & Run Club + Yoga

LIVE MUSIC:

• on UNC-TV: 7:30pm Our State Magazine

@ Blue: John Alexander, Ron Brenale, Chris Garges www.Jajazz.net
@ Buddy's Point (Monroe): open mic jam
@ the Craft Tasting Room & Growler Shop: 8-10pm JoJo & Friends feat.local musicians & songwriters

• Thurs., March 29th @ the Underground: Cigarettes After Sex
• Thurs., Apr. 5th @ the Fillmore: Kip Moore
• Thurs., Apr. 5th @ Ovens Auditorium: Three Dog Night

PLAY OR POETRY READINGS / BOOK SIGNINGS:

@ Roc's Jazz Bar: Touch One Thursdays w.host Jaycee
@ Wired Coffee Express (Kannapolis): One Mic Stand w.host Daniel & the Guerilla Poets
@ Dupp & Swat: Word of Mouth 2nd & 4th Thursdays w.host A Poet Named Superman

COMEDY / THEATRE:

@ the Comedy Zone: 3.29 Jay Pharoah / 4.12 Nemr / 4.19 Arnez J. / 4.26 Donnell Rawlings

MUSEUMS / ART:

@ the Harvey B. Gantt Center for African-American Arts + Culture: 6-10pm 3rd Thursdays free: Gantt After Dark

TRADE / INTEREST SHOWS & FESTIVALS:

@ Providence Country Club: 7:15-8:45am Ballantyne Business Network robfiga@gmail.com

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

@ Rhino Market: DJ Jah-Sun Rising (Jason Herring) + 1st Thursdays of the month wine tasting
@ Snug Harbor: 10pm-2am Le Bang w.Buckmaster
@ Suite: DJ Mike Soden

KARAOKE:

@ Hattie's: karaoke w/ShayNanigans
@ Morehead Tavern: 9pm karaoke w.band (Will & Rob)

FILM:

@ Canvas Tattoo & Art Gallery: 9pm night at the movies
@ Abari Game Bar: movie night

FRIDAYS:

SPORTS / ACTIVITIES:

- www.CharlotteCheckers.com : 3.30 @ Rochester 7:05pm / 4.13 @ Providence 7:05pm
- www.CharlotteKnights.com : 4.06 @ Durham Bulls / 4.13 vs. Scranton Wilkes-Barre RailRiders / 4.20 @ Indianapolis Indians
- www.Hornets.com : 4.06 @ Orlando Magic 7pm

BEER / WINE / FOOD:

- www.FeastFoodTours.com
- @ Birdsong Brewing: 3-10pm open / + food truck & live music
- @ Free Range Brewery: 5-11pm taproom open
- @ NoDa Brewing Co.: Tap Room open 4-10pm w.Food Truck Tin Kitchen (5-9pm) / Live Music 6:30-8:30pm / 6pm tour
- @ Trinity Presbyterian Church: 5-9pm www.Facebook.com/CotswoldTrucks2017
- @ Triple C Brewing: Vitos Pizza (food truck)
- @ 2161 Hawkins St.: 5-10pm SouthEnd Food Truck Friday
- @ East Blvd. & Scott Ave.: 6-10pm Dilworth Food Truck Friday
- @ Sycamore Brewing: 5pm SouthEnd Food Truck Friday

LIVE MUSIC:

- @ Cigars Etc. 2: 6-11pm Soul Fridays
- @ the Comet Grill: the Lenny Federal Band
- @ the Evening Muse: 3.23 Neal Morse / 4.20 Mary Fahl
- @ the Fillmore: 4.06 Why Don't We / 4.13 Dark Star Orchestra / 4.20 Tres Tristes Tigres / 4.27 Modest Mouse
- @ Tip Top Daily Market: last Fridays 7-9:30pm Music Tasting feat.Sound Blanket w.host Shirley Griffith
- Fri., March 30th @ the Underground: Big Krit
- Fri., Apr. 6th @ Snug Harbor: Hectorina, JPhono1, ET Anderson, Patois Counselors
- Fri., Apr. 6th @ Spectrum Center: 90s Block Party feat Guy, Teddy Riley, Tank, 112, Ginuwine
- Fri., Apr. 20th @ the Visulite Theatre: Old 97s

PLAY OR POETRY READINGS / BOOK SIGNINGS:

- @ McGlohon Theater: SlamCharlotte 3rd Fridays w.host Bluz
- @ Camp North End: 3rd Fridays Off Broadway Page to Stage 3.16 Exit Pursued by a Bear / Confidence and the Speech

COMEDY / THEATRE:

- @ the Comedy Zone: 3.30 Jay Pharoah / 4.06 Cristella Alonzo / 4.13 Nemr / 4.20 Arnez J. / 4.27 Donnell Rawlings

SYMPHONY / OPERA / DANCE:

- Fri., Apr. 20th @ Knight Theater: www.CharlotteSymphony.org Presents: Mr. Tambourine Man: Poems of Bob Dylan

MUSEUMS / ART:

- in SouthEnd: 1st Fridays Gallery Crawl
- 2nd Fridays @ Oak Street Mill (Cornelius): art, music, & vendors
- @ the Charlotte Art League: (every 3rd Friday) 6-10pm Brush'n Beats

- @ Ciel Museum: 6:30-8:30pm 3rd Fridays - Let's Make Earrings Ladies Night

TRADE / INTEREST SHOWS & FESTIVALS:

- @ the Last Word: FNM Magic the Gathering

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

- @ the Common Market (Plaza-Midwood): 1st & 3rd Fridays w.DJ That Guy Smitty
- @ Scorpio's: DJ Lin Benfield + MC Tiffany Storm
- @ Sports One: 10pm-2am "Friday Social" w.Cortney Hicks & DJ DR
- @ Sullivan's Steakhouse: "Beer & Beats" w.resident DJ Selector E (Eric Brayman)
- @ Vibrations Lounge: Grown Folks Friday w.DJ KL
- @ Vinmaster Wine Shop: 7-11pm DJ DR
- @ Whiskey Warehouse: DJ Matt Bolick
- @ Workman's Friend: DJ Wiiz Kid (Steve Warwick)
- @ Petra's: last Fridays : Mirror Moves ('80's/'90's) w.DJs Cody Hare & Jah-Sun Rising (Jason Herring)

KARAOKE:

- @ Noda 101: karaoke w.Sam Fleming

FILM:

- @ Cinebarre: 1st & 3rd : Rocky Horror at Midnight feat. www.ThatType.com

SATURDAYS:

SPORTS / ACTIVITIES:

- www.CharlotteCheckers.com : 3.31 @ Syracuse 7pm / 4.07 vs. Hershey 6pm
- www.CharlotteKnights.com : 4.07 @ Durham Bulls / 4.14 vs. Scranton Wilkes-Barre RailRiders / 4.21 @ Indianapolis Indians
- www.CharlotteIndependence.com : 3.31 vs. Atlanta United 2 / 4.07 @ Nashville SC / 4.14 vs. North Carolina FC / 4.28 vs. Indy Eleven
- www.Hornets.com : 3.31 @ Washington Wizards 3pm

- @ Lenny Boy: 10am \$5 yoga

BEER / WINE / FOOD:

- www.FeastFoodTours.com
- @ Birdsong Brewing: 12-10pm open / food trucks + live music
- @ NoDa Company Store: 9am-noon www.NoDaFarmersMarket.com / 4-9pm the Dumpling Lady / build-your-own Mamosa Bar / 3rd Saturdays: 10am-3pm NoDa Super Flea (parking lot behind Smelly Cat) (event/vending questions: Ellen Gurley, 704-575-6611, ellengurley@gmail.com) NoDa Super Flea #6 Sat., Apr. 21st 2018
- @ Crafty Beer Guys: 2nd Saturdays home brew class
- @ Doc Porter's Distillery: tours
- @ Free Range Brewery: 1-11pm taproom open
- @ NoDa Brewing Co.: Tap Room open 12-10pm w.Food Truck Tin Kitchen / 4pm tour 4.14 5th Annual Ales for Autism
- @ Olde Mecklenburg Brewery: open 11am-11pm / tours @ 2, 3 & 4pm

• Sat., Apr. 28th @ Aldersgate: 11am-6pm Third Annual International Sandwich Festival w.music & more

LIVE MUSIC:

@ Snug Harbor: 4.14 Bobbito Garcia, Justice / 4.28 Bully @ the Visulite Theatre: 4.07 Nevermind (a Nirvana tribute) / 4.14 Toubab Krewe Stylo
• Sat., March 31st @ the Fillmore: El Gran Combo
• Sat., March 31st @ McGlohon Theater: the Weight Band
• Sat., Apr. 7th @ the Underground: Andy Grammer
• Sat., Apr. 7th @ PNC Music Pavilion: Jimmy Buffett
• Sat., Apr. 7th @ the Evening Muse: Mountain Heart
• Sat., Apr. 14th @ Petra's: 4-7pm Omelette Fest w.Mike Strauss, Human Pippi Armstrong, Dirty Art Club, Tyler Baum (10th issue of Charlotte Omelette)
• Sat., Apr. 21st @ Spectrum Center: Bon Jovi
• Sat., Apr. 28th @ the AvidXchange Music Factory Festival Grounds: 2-6pm the 4th Annual www.MooAndBrewFest.com w.Shovels & Rope, Charley Crockett & more

PLAY OR POETRY READINGS / BOOK SIGNINGS:

@ the Last Word: Book signings / 4th Saturdays Encore Open Mic w.host Shane & the Guerilla Poets 7-9pm
@ the Fresh Shop: Inkblot Slam w.host Breeze

COMEDY / THEATRE:

@ the Comedy Zone: 3.31 Jay Pharoah / 4.07 Cristella Alozo / 4.14 Nemr / 4.21 Arnez J. / 4.28 Donnell Rawlings

@ Madison's Coffee House (Indian Trail): "Cup of Humor" (every first Saturday) feat. comics: Darryl Smith, Rob McDonald, Roxanne McDonald, James Dugan, Ed Fox
• Sat., March 31st @ Spectrum Center: Kevin Hart

MUSEUMS / ART:

@ ClearWater Artists Studio: every 2nd Saturday 10am-4pm Open Studios
@ the NASCAR Hall of Fame: 2nd Saturdays interactive program exploring racing

TRADE / INTEREST SHOWS & FESTIVALS:

@ Spandex City Comics: 11am Pokemon league
• Sat., Apr. 14th @ Forestview High School: 4pm fundraiser for Gaston County Sherrifs Office Explorer Program

DANCE MUSIC / DJS / BURLESQUE OR DRAG:

@ Roxbury: DJ Jody
@ Vibrations Lounge: 9pm-12am Old School Saturdays (live 105.3 broadcast) hosted by Rae Styles
@ Workman's Friend: DJ Wiiz Kid (Steve Warwick)

KARAOKE:

@ Noda 101: Karaoke

SPECIAL OR MULTIPLE DAY EVENTS: SYMPHONY / OPERA / DANCE:

• Apr. 6th & 7th @ Belk Theater: www.CharlotteSymphony.

org & Charlotte Ballet Present: Rite of Spring
• Apr. 15th, 19th & 21st @ Belk Theater: www.OperaCarolina.org Presents: the Marriage of Figaro
• Apr. 17th-22nd @ Ovens Auditorium: Beautiful - the Carole King Musical
• Apr. 26th-28th @ Knight Theater: www.CharlotteBallet.org Presents: Spring Works
• Apr. 27th & 28th @ Belk Theater: www.CharlotteSymphony.org Presents: Brahms Piano Concerto No. 1

MUSEUMS / ART:

• Liberty Walk: self-guided tour of the American Revolution - www.CharlotteLibertyWalk.com / www.HandHeldHistory.com contact@meckdeck.org
• THRU June 3rd @ Mint Museum (uptown): Costume Designs - William Ivey Long
• THRU June 17th @ Mint Museum (uptown): Reveal & Detonate - Photography in Mexico Develar y Detonar - Fotografia en Mexico

INTERNET RADIO:

• check out www.PMCRadio.org for a schedule of DJs daily

Email EllenGurley@gmail.com to subscribe to a bi-weekly event listing newsletter.



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Micro Monsters

by Martin "the Clown" Barry



Pet Profile: Lemmy (& Gummy & Butter & Pancho & Lefty) March / April 2018

photos: Jude Salinas



My name is Lemmy and let me just start by sayin' that it's a dog's world out here; the sights, the smells, the treats, the cuddles, the boops, and the private chauffeured road trips. I could just go on forever.

They say a lady never reveals her age, especially when you're a classic beauty like me, but I've had my pet Human for almost forty seven years. I think that is equivalent to about seven human years, but, hey, whatever. I didn't really know what to name my pet Human at first, but I noticed that she liked and took great joy when I

howled "AHROO", so the name just kinda stuck. It's been 'her and I' for as long as I can remember. We have the most beautiful life together. I especially like it when my Human hand feeds me fresh fruit and scratches my butt.



Aside from my Human, I have a thirty-two-year-old brother (humans like to say he's four, but, hey, whatever). He's an Australian Cattle Dog named Gummy. He looks a little different than me with his funny spots and floppy ears. He likes to follow me around the house, jump on my head, wrestle me for my toys, and clean my teeth with his frying pan tongue. Dude is generally happy just being happy, although, as of late, he has been really sad. My human decided to bring home some birds to add to our pack. She hasn't been letting Gummy jump on their cages and eat them for snacks. It's tough. Lately we've been getting to know Pancho and Lefty, the bonded parakeet brothers. They mysteriously showed up on our doorstep. (My Human tells the story better than I do.) Also currently warming up to Butter, the infamous five-year-old grey masked cockatiel who

likes to whistle the Alabama Fight Song. I am not kidding. My Human found him online with this description. She plays the flute and is kinda teaching him new songs. It doesn't suck. Kid also dances to all types of music, tells me that I'm a "pretty bird", and likes to sit in my Human's hair. Her mop is usually pretty messy so it makes for a nice nest.

Overall, me and my pack have a wonderful life. It has been a little loud and crazy (er) with the addition of our birds over the last couple of months, but it is SO worth it. At the end of the day, after the birds have gone to sleep with the sunset, we get to cuddle up in MY big, beautiful bed. It is then that I know (some more) that all is right in the world. My Human "Ahroo" and her pet birds, plus my brother Gummy and I, are always looking to make new friends. I take my Human for walks sometimes to the Diamond Restaurant in Plaza-Midwood. Come and give a boop. We cannot wait to meet you all.



#bork #farmlifeinthecity

Would you like to see your pet's profile in My City Magazine? Email EllenGurley@gmail.com.



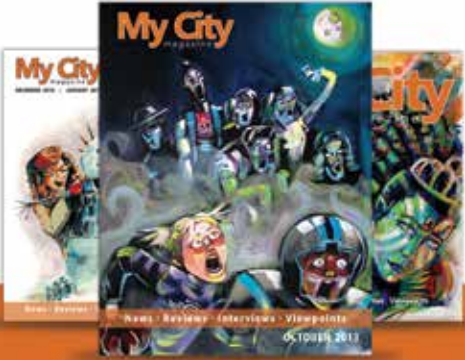
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Em & Lu

By: Ellen Gurley



Emily Walters is the one and only daughter of the (famous) Charlotte based musician Patrick Walters of the Spongtones. She came at it honestly, singing like a bird, and being able to “name that tune” just a couple of grooves in on almost any album. Always waiting tables (I met her at 300 East Restaurant in the 1990’s), she consistently has had more than one hustle. Recently having cared for her ailing mother, Walters discovered yet another thing at which she excels.



Being homebound, she made jewelry mostly out of boredom, as she is quite the busy body, and has come to monetize this hobby calling it Em & Lu

Design. Her femininity in design and respect for her matriarchy comes through in the name as Louise was her grandmother’s and is her middle name. As a continued nod to her recently just late mother, Debbie, and lucky for the consumer, Walters keeps making her jewelry. You can catch her out vending occasionally and is usually present at the third Saturdays of every month at the NoDa Super Flea at the Company Store. You can also keep up with her at the links below. Walters calls her handmade jewelry “flair for the modern boho babe”. I call it just another skill set for this lovely lady’s resume.

www.EmAndLuDesign.com
www.Instagram.com/EmAndLuDesign
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— Henry Wadsworth Longfellow

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